COMPANY SURGEONS

COMPANI SURGEONS
*Dr. Abbott Skinner, Chief Medical Officer, Office CA 4-7408 1360 Lowry Medical Arts BldgSt. Paul, Minn
*Dr. Hugo F. Schroeckenstein, Asst. to Chief Medical Officer Office CA 4-7408 1360 Lowry Medical Arts BldgSt. Paul, Minn.
*Dr. Darrell E. Westover, 215 Lowry Medical Arts BldgSt. Paul, Minn
*Dr. John F. Alden, 1151 Lowry Medical Arts BldgSt. Paul, Minn
*Dr. Robert S. Flom, 1151 Lowry Medical Arts BldgSt. Paul, Minn
*Dr. D. W. Hannon, 625 Lowry Medical Arts BldgSt. Paul, Minn.
*Dr. Ernest R. Anderson, Office FE 2-7508—Home TA 4-2671, 1849 Medical Arts Bldg
Dr. William E. Stephens, Office—333-6417—Home 822-6440 419 Medical Arts BldgMinneapolis, Minn.
*Designates also Examining Surgeon.

OPHTHALMOLOGISTS (Eye Doctors)

852 Lowry Medical Arts Bldg.St. Paul, Minn.

Dr. Malcolm A. McCannel, 825 Doctors BldgMinneapolis,	Minn.								
Dr. Richard C. Horns, 1683 Medical Arts Bldg	Minn.								
ROENTGENOLOGISTS									

Dr. David A. Burlingame, 435 Lowry Medical Arts Bldg.St. Paul, Minn. Dr. Malcolm B. Hanson, 853 Medical Arts Bldg.Minneapolis, Minn.

D. W. HARTUNG, Chief Dispatcher.

W. E. CRUM, Terminal Manager.

Dr. Donald C. Sterner.

H. T. DIMMERMAN, Asst. Term. Mgr.

F. L. HENRY, Operations Supervisor.

G. T. RASMUSON, Operations Supervisor.

A. D. POWERS, Operations Supervisor. E. M. MARTIN, Operations Supervisor.

T. R. HAMILTON, Master Mechanic

L. O. WAXBERG, Traveling Engineer.

GREAT NORTHERN RAILWAY COMPANY

TWIN CITY TERMINALS WILLMAR DIVISION

TIME TABLE 383

Effective 12:01 A. M. Central Standard Time.

Sunday, March 10, 1968

F. W. LANE, Asst. Superintendent.

R. H. SHOBER, Superintendent.

R. N. WHITMAN, General Manager.

H. J. SURLES,

General Superintendent Transportation.

Printed in U.S.A.

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2 WESTWARD		FII	RST ST	UBDIVIS	SION-	-ST. P/		O LYNI CLASS	DALE !	JCT.								
Time Tabl No. 383	e	oke	3	47	55	1	27	21	57	25	23	7	31					
Effective March 10, 196	# 50 m ()	Distance from St. Paul via Passenger Tracks	G. N.	C. B. & Q.	G. N. No. 24	N. Pac.	G. N.	C. B. & Q.	G. N. No. 20	N. Pac.	C. B. & Q.	G. N.	G. N.		**			
STATION	ıs	Distan St. Pa Passer	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily					
SAINT PAUL			7.30 _{Am}	7.35 _{Am}	8.10Am	n 8.40Am	9.00Am	3.45Pm	5.30 _{Pm}	8.25pm	8.10 _{Pm}	8.30Pm	8.50Pm					
westminster st.	TOWER	1.40	7.33	7.38	8.13	8.43	9.03	3.48	5.33	8,28	8.13	8.33	8.53					
9.17 MINNEAPOLI	B		A 7.50An	a 8.00Am	A 8.30A	9.05 9.15	9.25 9. 3 5	A 4.10Pm	A 5.52Pm	8.50 9.00	A 8.35Pm	A 8.55Pm	9.15 9.20					
0.26 FIRST STREE		10.83			1	A 9.17Am				A 9.01Pm								
1.34 LYNDALE JCT	, jă	12.17					▲ 9.39Am			 	 		A 9.24Pm					
EASTWARD Time Tehl		FII	RST ST	UBDIVIS	SION—	-LYND/		CT. TO	ST. P	AUL								
Time Tabl No. 383	Time Table No. 383		8	32	26	22	56	28	24	4	58	2	48	i				
Effective March 10, 196	. *· 8	Distance from Lyndale Jot. via Passenger Tracks	G. N.	G. N.	N. Pac.	C. B. & Q.	G. N. No. 23	G. Ņ.	C. B. & Q.	G. N.	G. N. No. 19	N. Pac.	C. B. & Q.					
STATION	S	Dista Lynd Passe	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily					
SAINT PAUL			A 7.00A	m A 7.10Am	. 4 7.30 A	m A 7.50Ar	A 11.00A	п А 3.30Рп	A 4.10Pm	n A 7.50Pm	A 8.30Pr	m A 10.20Pm	n A 10.40Pm					
1.40 westminster st. '9.17	TOWER	10.77	6.37	6.47	7.17	7.42	10.52	3.12	4.02	7.37	8.17	10.07	10.32	1				
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MINNEAPOLIS 0.26FIRST STREE		1.84	1		6.57An	m						9.45 _{Pm}	Д					
LYNDALE JCT	J^	1		6.20Am				2.40Pm	,									
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WESTWARD		MI:		COND S		1				EASTV	VARD			Bet	AXII stwee			
FIRST C	LASS	<u>*</u>				<u>:</u>	T		FIRST CL	LASS			aul and Mi St. North,	linneapolis Minneapolis	s. an			
7 57	55	Time Tab					8	8 56 4 58					-	_	Northtown and Van Buren St. N.			

FIRST CLASS				Time Table	FIRST CLASS					
7		57	55	3	8	No. 383	8	56	4	58
G. 1		G. N. No. 20	G. N. No. 24	G. N.	Distance from Minnespolis	Effective March 10, 1968	G. N.	G. N. No. 23	G. N.	G. N. No. 19
Dail	У	Daily	Daily	Daily	M	STATIONS	Daily	Daily	Daily	Daily
9.1	OP _{in}	6.00 _{Pm}	8.35Am	7.55Am		MINNEAPOLIS	A 6.15Am	▲ 10.35Am	A 7.20pm	A 8.00Pm
9.1	2	6.01	8.36	7.56	0.20	BRIDGE SWITCH	6.13	10.33	7.18	7.58
9.1	4	6.03	8.38	7.58	1.57	MPLS. JCT. WYE	6.11	10.31	7.16	7.56
A 9.2	IPm A	6.09Pm	A 8.43Am	A 8.04Am	3.86	2.29 NORTHTOWN	6.05Am	10.25Am	7.1 l Pm	7.50Pm

Eastward trains are superior to westward trains of the same class except on double track.

Van Buren St. N. E. and Harrison Minneapolis Jct. and First St. No.

ST. PAUL

Trains or Engines heading in or Back up movement

Trains and engines on track between tracks, St. Paul and connection commonly known as Thumbs-U

SPECIAL INSTRU SUBDIVISIONS ON

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	MAXIN Betwee		MISSIBL	E SPEED	Senger	Freight			SP	EED RES	STRICTIC)NS—Con	_		Postoka		
	apolis			55]	M.P.H.	80 M.P.I	L Eastwar										
	neapolis, and	=				80 M.P.I 80 M.P.I	L St. ov	passenger track, with or without cars, between Jackson St. overhead bridge and Third Street, St. Paul30 M.P.H. 20 M.P.I									
	Buren St. 1 and Harris					OU MLF.E	Between	East End	l Stone A	rch Bridg	e and Mir	neapolis .	30 М.Р.Н	. 2	20 M.P.E		
ct. and First St. North, Minneapolis						End S	Minneapolis Passenger Station, all tracks between West End Stone Arch Bridge, First St. North, C. & N. W.										
						Ry. ci	rossing, a	nd CB&Q	RR. cro	ssing		Reduced Speed		Reduced Speed			
	ST. PAUL UNION DEPOT PROPERTY. Passenger Freight						_	Minneapolis Passenger Station wye track 8 M.P.H. 8 M.									
nes h	eading in or			10 1	M.P.H.	10 M.P.F	L at Mu	rements b Liberry St		Home Sig	mals of l	interiockir	ng				
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rigines on track between east end of freight. Paul and connection with Depot tracks, known as Thumbs-Up							Against the current of traffic on main tracks and on other than main tracks							5 M.P. I			
							- Unless	conditions	require	a furth	er speed	restrictio	n.	_			
	L INSTR ONS ON						double	track thr	ough inte	rlockings	. or makin	of traffic o	12				
4 TOT	OTIO OTI	TUCE	O LIII	ال ت رسيد	~ W WII	TITE.	ı mover	nents thro	ugn swit	cnes and	rossovers		15 M.P.H	. 1	15 M.P.E		

1. PASSENGER TRACKS:

Two right hand main tracks between Third Street, St. Paul, and St. Anthony Park.

Two left hand main tracks between St. Anthony Park and Union Yard Puzzles.

FREIGHT TRACKS:

Two left hand main tracks between Third Street, St. Paul, and St. Anthony Park.

Two right hand main tracks between St. Anthony Park and Union Yard puzzles.

PASSENGER AND FREIGHT TRACKS:

Both main tracks between First Street North, Minneapolis, and Northtown, via Minneapolis Junction.

Five main tracks designated below between First Street North, Minneapolis, and Lyndale Junction:

No. 1, Switching lead-north track.

No. 2, Westward track for G. N. passenger and freight trains.

No. 3, Eastward track for G. N. passenger and freight trains.

No. 4, Westward track for freight trains.

No. 5, Eastward track for freight trains.

ROUTING OF TRAINS AND ENGINES.

2. Switchtenders will route trains and engines at Minneapolis Passenger Station, First Street North, Second Street North, Lyndale Junction, Union Yard puzzles, West End Union "R" Yard, Minneapolis Junction East Wye, West Wye, Van Buren Street, and Northtown. Trains and engines will not proceed until proper signal is received from switchtenders to pass through or over switchtenders' territory, except one switchtender will handle switchtender's assignments at Second and First Streets North, Minneapolis, during the hours of 10:30 PM to 6:30 AM, and movements can be made through those territories on one proceed signal instead of two signals; and except at Van Buren Street between hours of 10:30 PM and 6:30 AM daily, all trains and engines moving through or into that switchtender's territory will be required to line up their own routes.

TRAIN REGISTER AND CLEARANCE EXCEPTIONS.

 Northtown—Lyndale Junction—Trains originating at these points will not require clearance when train order signal indicates proceed.

Minneapolis Passenger Station—All trains register and receive clearance. GN trains may register by ticket.

REGISTER STATIONS

St. Paul	Passenger trains.
Westminster St. Tower	Freight trains.
Minneapolis Jet.	Freight trains.
Minneapolis Passenger Station	
Northtown	All trains, passenger trains
	may register by ticket.

MINNEAPOLIS PASSENGER STATION.

4. Minneapolis—All trackage within switchtenders' limits from west end of Stone Arch Bridge east of depot extending through to eastward main track west of depot, and between First Street North and east leg of wye, will be considered depot station tracks of the Minneapolis Passenger Station, and while within these limits it will not be necessary to observe Rule 99.

There is no superiority of trains on depot station tracks. All trains and engines, with or without cars, entering and leaving depot station tracks will move only on hand signal from switch-tenders and must approach and proceed within these limits at reduced speed expecting to find track occupied and be prepared to stop. A proceed signal from switchtender is no assurance that track ahead is clear.

Before starting westward train from Minneapolis Passenger Station, engineers will know way is clear at crossing beyond stop board before proceeding over the crossing, and the stop made by train in the west end of passenger station will be regarded as a stop for stop board at the west end of station.

5. Train, engines or cars must not be moved over Railroad Crossing of the C. & N. W. Ry. or the C. B. & Q. R. R. west of Minneapolis Passenger Station without flagman or member of crew in charge of movement first stationing themselves at crossing to prevent opposing movements. This rule not to apply to movements on freight tracks, which are covered by other rules.

MISCELLANEOUS

6. Between St. Paul and Minneapolis Passenger Station, employes will not permit any part of their person to project beyond the sides of moving engines or cars.
On trains, engines or cars having windshields, windows, doors or ventilators that open outward same should be kept closed between St. Paul and Minneapolis.

- 7. On all trackage, Twin City Terminals, lighted fusees must not be used, except in cases of emergency, and then only when held in hand and must be extinguished before leaving; also, in this same area, the use of torpedoes is prohibited.
- 8. On westward passenger track, engineers on moving engines will keep engine bell ringing passing Great Northern Union Yard puzzle switches, located just west of St. Anthony Elevator, to 15th Avenue S.E.
- 9. Extra trains handling passengers may run ahead of first class trains between St. Paul and Minneapolis; between Minneapolis and Lyndale Jct.; and between Minneapolis and Northtown.
- 10. Regarding Rule 2 of the Consolidated Code of Operating Rules, approved type wrist watches are: Elgin, B. W. Raymond model, 13/0 size, 23 jewels; or Ball Official Standard, 1604-B, stainless steel 13/0 ligne, 21 jewels; or Bulova Accutron Railroad Approved Model; or Hamilton 505 R. R. Electric Special.
- 11. Great Northern trains using the CB&Q interlocker at St. Paul Depot to back in, will not start their back-up movement until the rear brakeman is in the rear end of the rear car with the conductor to assist the conductor in observing the position of switches and signal indications.
- 12. All trains entering St. Paul Depot Company Trackage at Third Street will stop unless they receive a proceed signal from the Switchtender.
- 13. This is authority to honor passes of tenant lines railways' train and engine men between Twin Cities, except on Trains 31 and 32.
- 14. COMO AVENUE CROSSOVER MOVEMENTS.

 There is no superiority of trains on the two passenger main tracks between the following locations. Between signal 2.8 (on the westward passenger main track) located about 800 feet east of Rice Street overhead bridge and signal 4.4 (on eastward passenger main track) located on Lexington Ave. overhead bridge. The portion of Consolidated Code Rule 93 reading—"Within Yard limits the main track may be used, clearing first class trains when due to leave the last station where time is

shown"—does not apply between signal 2.3 and signal 4.4.

Before making a crossover movement at this location, a member of the crew must contact the operator at Westminster Tower and obtain his permission to make the movement. The switches then lined in their proper order following the instructions for the electric locked switches as posted at the electric lock.

MINNEAPOLIS.

- 15. Eastward freight trains at Lyndale Junction, and westward freight trains at First Street North, may run ahead of first class trains between those points after receiving proceed signal from switchtender.
- Lyndale Junction Eastward freight trains on Willmar line, having cars to set out at this point, will stop before passing eastward Home Signal to make set-out.

SPECIAL INSTRUCTIONS—Continued

- 17. At Lyndale Jct. if automatic block signal indicates Stop, after stopping, if a proceed signal is received from switchtender, train may proceed at restricted speed. This modifies rule 509 relative to calling the train dispatcher.
- Minneapolis Junction—Train must stop before passing over the crossing of the N. P. Ry. Industry Track 460 feet East of Junction yard office, unless proceed signal is received from switchtender.
- 19. The Laws of the Cities of St. Paul and Minneapolis prohibit the unnecessary use of the engine whistle within those limits.
- Operation of Spring Switches. Spring switches of two different types are in use on this division.

Without facing point lock:

- (a) East leg of wye at Mississippi Street to track leading to 8th Street, St. Paul. Normal position is for west leg of wye.
- (b) Four spring switches located at east end Minneapolis Junction Roundhouse.
 - leading off Roundhouse lead to westward main line towards First St. North. Normal position is for main track.
 - (2) leading off Roundhouse lead to Main Line 4, opposite turn table. Normal position is for main track.
 - (8) leading off Roundhouse lead to Main Line 4, opposite yard office. Normal position is for main track.
 - (4) East end Roundhouse lead opposite yard office. Normal position is for east lead #2.

With facing point lock:

(a) East end of eastward freight track near Fourth Street, St. Paul. Normal position is for westward freight track.

Spring switch light is on a separate mast. Lunar aspect displayed by this light indicates spring switch is in normal operating condition. Consolidated Code Rule 104 (H) applies when this light displays red aspect. Spring switch light displaying lunar aspect is not to be confused with the lunar aspect as shown in Consolidated Code Rule 240N.

- 21. The normal position of a spring switch with facing point lock is identified by a color light type signal displaying a lunar white light for train or engine movements in a trailing point direction and for movements in facing point direction when conditions require.
- 22. The normal position of a spring switch without facing point lock is identified by a triangular yellow target on switch stand with letter "S" in black, and "lunar white" light in switch lamp in place of green light displayed in both directions through or over the switch.
- 23. Facing point locks on hand operated switches are indicated by a six inch yellow stripe painted on target staff. Be positive locking device is restored to normal position after using. A running switch must not be made through this type switch.
- 24. Loaded dump cars should not be handled on double track after dark, but if necessary to do so, close watch must be kept by trainmen and if a car dumps its load, train must be stopped and protection afforded on the opposite track.
- 25. Due to limited overhead clearance at tunnels and structures, employes are warned to keep off top of cars of extreme height and width when handled in trains and yards, except in emergency. In absence of previous advice on such cars, wire proper officer for instructions.
- 26. When any passenger car or cars are left on any track, the hand brakes must be adequately applied on each car. The brakes on one passenger car are not to be depended upon to hold other cars when coupled together.

27. Employes making Terminal Air Brake tests on Great Northern passenger trains will be governed by Rule 11(c) of Rules and Instructions Governing Operation, Inspection and Maintenance of Air Brake and Air Signal Equipment Handling Locomotives, Dynamic Braking, Train Handling General Rules. Accordingly, hand signals or radio instructions will be used in performance of terminal air brake tests for passenger trains. Communicating whistle signal 16(m) may be used for the final release only on completion of test.

YARD LIMITS

ST. PAUL-MINNEAPOLIS.

28. St. Paul to yard limit board west of the west Fridley yard switch; Minneapolis Jct. to yard limit board 2640 feet west of the new spur head block about 3 miles west of Hopkins Jct., including Hopkins Branch; and 5636 feet west of Junction Switch (Osseo Line).

Automatic Interlocking

Manual Interlocking

30. St. Anthony ParkSt. Paul

Manual Interlocking with Dual Control Switches

15th Avenue S.E. Minneapolis
Boom Island Minneapolis

Westminster Street—Between the home signal limits of Westminster Street Interlocking, train or engine movements may be made in either direction, ON EITHER PASSENGER TRACK, by signal indication.

To insure safe movement on descending grade, trains and engines using Eastward freight track at Westminster Street Interlocking must stop at Eastward Home Signal located about 200 feet West of Tower. This signal governs movement over safety derail and will not be changed to indicate Proceed until stop is made.

For movements on the Passenger or Freight Tracks, the interlocking limits of Westminster Street Interlocking, include all trackage between the eastward absolute signal located approximately 850 feet west of Mississippi Street overhead bridge and the westward absolute signal located approximately 900 feet west of Third Street overhead bridge.

Telephones for communication are located at the home signals, in bungalows, and in Northern Pacific switchtender's shanty near Third Street.

15th Avenue S. E. is controlled from St. Anthony Park Interlocking. Telephones for communication are located in booths near the east and west interlocking limits.

Semi-Automatic Interlockings

32. St. Paul.....Fair Grounds Spur with N. P. Ry.

HopkinsM. & St. L. Div. of C. & N. W. Ry. Crossing.

St. Paul, Great Northern train movements over the crossing will be governed by manually operated gates together with standard interlocking dwarf signal indications. Great Northern routes over the crossing will be set manually after obtaining release of electric lock holding gates in "Stop" position. See instructions posted in box locked with a switch lock.

Hopkins, Great Northern train and engine movements over the crossing will be governed by "Stop" signs located each side of crossing, and by manually operated crossing gates, with red lights, normally set and electrically locked across G. N. track. See instructions posted in box locked with a switch lock.

ST. PAUL UNION DEPOT & MINNESOTA TRANSFER

- 33. The Consolidated Code of Operating Rules, Edition of 1967, in addition to the following instructions will govern Great Northern employes while operating on Minnesota Transfer Railway Co. and St. Paul Union Depot Company trackage:—
 - (a) All trackage of the Minnesota Transfer Railway Company is defined as a system of tracks within yard limits over which movements must be made at reduced speed and are not authorized by timetable, or train order, but subject to prescribed signals and rules or special instructions. The limits of the Saint Paul Union Depot Company property extend from connection with the Northern Pacific Ry. and Great Northern Ry. tracks at Third Street and connection with the CMStP&P-CB&Q R.R. tracks opposite depot roundhouse, on the east, to connection with the CGW Ry. and CMStP&P R.R. tracks at Robert Street on the west.
 - (b) The timetable of the Saint Paul Union Depot Company is for information only. Employes of railroads using the tracks of this Company will be governed by current timetable of their respective Companies only as to arriving and departing time of trains.
 - (c) Where in the rules of the Consolidated Code reference is made to trains, such rules will also apply to yard movements and engines.
 - (d) Under Rule 10, the use of torpedoes is prohibited.
 - (e) Under Rule 11, burning fusees must not be used except in case of emergency and then only when held in hand and must be extinguished before leaving.

THE FOLLOWING RULES APPLY ONLY ON THE ST. PAUL UNION DEPOT COMPANY PROPERTY:

- (f) There is no superiority of trains within the limits of Saint Paul Union Depot Company property.
- (g) Within the limits of the Saint Paul Union Depot Company property trains and engines must move at reduced speed and must not exceed ten (10) miles per hour through crossovers, turnouts and puzzle switches. The entrance to and all movements on this property will be made only on authority of hand signals from switch tenders. No train or engine may foul any track or puzzle switch without authority of hand signals from switch tenders in control of such movements, except that short interior switching movements may be made through crossovers connecting shed tracks when authorized by train director. Any lead or track may be used for the make-up of trains on authority of train director. The movement of trains should be given preference.
- (h) When indicated by the ringing of the bell, flashing of headlight, hand or light signal that a train or engine is ready to move, the switch tender in charge of the shed track on which the movement is standing will handle as follows: at west end of station the switch tender will

- control the movement by hand or light signal; at the east end of station the switch tender will inform the train director, who will route the movement by instructions over the public address system. Switch tenders will be governed by these instructions, relaying such instructions by hand or light signal to the next switch tender in the direction of the movement, each must receive an acknowledgment before signalling the movement. Signals must not be acknowledged or acted upon unless the signal corresponds with instructions from the train director and is definitely understood.
- (i) When backing, the back-up air brake valve on passenger trains must be operated by the conductor, except in the movement of empty equipment, it may be operated by a competent trainman or yardman. When practicable, conductors must see that trainmen are stationed so hand or light signals may be used, in case of any emergency. When backing a train, the engine brake valve must be in running position; an application of the brakes must be made with back-up brake valve before starting and it must be known that the brakes are in operative condition. Movement must not be started until the proper signal is given. A running test must be made with the back-up air brake valve before the train has moved 300 feet; if the running test is not made within 800 feet the engineer must stop the train and ascertain cause. The speed of train must not exceed eight (8) miles per hour and train must be under such control that it can be stopped short of train, or obstruction, and short of bumping post on stub tracks.
- (j) On trains arriving St. Paul Union Depot, conductor should see that all train personnel understand that all vestibule doors are to be kept closed until the train makes its final stop at station platform. Trainmen may have the upper portion of vestibule door open for purposes of observing the movement and to be in a position to give hand signals.
- (k) Headlights must be dimmed while on shed tracks.
- (1) Track 21, St. Paul Union Depot Company, will be governed by red light located under train shed and above Track 21 so as to safeguard all employes working in and about cars being unloaded on this track.
 - When inbound cars are to be placed on this track or empty cars pulled off this track, Switch Foreman will get ahold of the St. Paul Union Depot Mail Foreman located in the vicinity of Track 21 to have red light extinguished and arrange to have all employes notified that the cars may be moved or coupled into and the movement will not be made until the red light is extinguished.
- (m) Due to close clearances the piggyback which is handled next behind the engine on G.N. Train No. 8 must not be shoved underneath the train shed when No. 8 is backing into depot. Train and engine crews will see that train is stopped sufficiently in advance of umbrella shed.